

# DISTRICT 2 NEWS & NOTES

APRIL 2005

### GSR Preamble

We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A.. We realize the ultimate authority in A.A. is a loving God as he may express himself in our group conscience. As trusted servants, our job is to bring information to our groups in order that they can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship. Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our groups as a whole.

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## AGENDA FOR DISTRICT 02 GSR MEETING APRIL 28 7:00 PM

7:00 – 7:15 PM

**Open** – Moment of Silence

**GSR Preamble**

**Responsibility Declaration** (page 2)

**Concept 3 & 4** - Walter (page 11)

**Tradition 4** (page 11)

**Introductions**

**Treasurers Report** – Paige (page 10)

**March Meeting Minutes** – Paige S., Standing in for Recording Secretary (page 2)

7:15–7:30 PM **Officer's Reports**

Corresponding Secretary – Charlie T.

Treatment Facilities – Jay G.

Corrections – Jean B.

Newsletter – Doug R

PI/CPC Chair – Mark P.

7:30–8:00 PM

**Old Business**

Elections for Treasurer, DCM (sub-district E), ALT-DCM (for sub-district E), and Grapevine Representative

**New Business**

The GSR Orientation meetings will be chaired by George R.

The GSR meetings will be chaired by Pete G.

Post Conference Assembly May 20-22

Delegate Report back - GSR meeting May 25

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## District 2 GSR Meeting March 31, 2005 7:00 PM

### OPEN

Wade opened and made announcement that we may run over so if you need to leave early get with your DCM.

*GSR Preamble:* Craig.

*Responsibility declaration:* read by all.

*Concept 3:* Scott.

*Tradition 3:* John.

*Introductions:*

**DCMC:** Thom

Tony – Altrium.

### DCMs:

George – Subdistrict A.

Mary Ann – Subdistrict B.

Pete – Subdistrict C.

Scott – Alt. DCM for Subdistrict C ( & *GSR for 6:40 New Yorkers.*)

Walter – Subdistrict D.

Wade – Subdistrict F.

Stephanie – Alt. - Subdistrict F.

Mark – Alt DCM for Sub district F (& *Standing Chair PI/CPC*)

### Chairs:

Paige S. – Treasurer

Jean – Corrections Chair

Charlie – Accessibilities.

(also Doug, Jay & Mark)

### Other:

Mike O. – Current Delegate for Panel 65.

Jody – Past Delegate Panel 53, Area 69.

Heather – interested member.

Bill – interested member.

### Alt. GSRs:

Heather – 9:45 No Rules.

Bill – An AA Group.

### GSRs:

Craig - 9:45 No Rules.

John – Richard St. Lunch.

Mike –City at 7.

Mike –Grantsville.

Dawn –5:30 Smoking.

Saraha –5:30 Non-smoking.

Janet –Simply Big Book.

Jeneanne – Magna Friendly Bunch.

Terry Ann –Altrium.

Paul –974 Group.

Kathy M –Speakeasy Ladies.

Glenda –Ch. 5.

Doug –Acceptance Group (*Newsletter Chair & Area 69 Web Servant*).

Canon –Live and Let Live.

Danny –Castaways.

Jay – Tooele New Beginners (& *Treatment Chair*).

Kevin –Young People's

Also Scott (DCM).

### ***Responsibility Declaration***

*I am responsible. When anyone,  
anywhere, reaches out for help, I want  
the hand of AA always to be there.  
And for that: I am responsible.*

*Treasurer's report:* Paige - showing Feb only. Budget updated to reflect accurate budget voted on. We will go over in rent this year since budget was finalized before we changed locations.

*February meeting minutes:* Doug R - approved as read.

### OFFICER'S REPORTS

*Corresponding Secretary:* Pete - Recognized those new to service – Canon and Danny.

*Newsletter Chair:* Doug - Encourage GSRs to take newsletter sign up sheet back to groups for any who want newsletter. Also encourages GSRs and group members to submit articles or problems to the newsletter. Newsletter is a valuable tool. Excellent article on service on page 9. Also includes reports on Pre-conference and PRAASA.

*Treatment Facilities:* Jay – Volunteers of America are looking to start a Panel meeting—may need volunteers for that.

*Corrections:* Jean – Has applications for access passes for meetings in the jails. Started running pink cans in the meetings again to buy books for the jails. Right now only enough money to cover costs for three months.

*Accessibility:* Charlie T – Committee is working with 3 or 4 deaf members. Currently interpreting 3 meetings: Non-smoking 5:30 Sobriety Hour, We Care, and the Haven on Tuesday nights.

*PICPC:* Mark – New Meeting at North Valley Mental Hospital at 1020 S. Main – Tues 5 pm.– Flyer on table introduces meeting. Hospital is interested in bringing AA into the mental health system. We need to get message to the groups and get support for this meeting and future meetings where we may see if a home group could sponsor a meeting on an interim basis (3 or 6 months).

## **OLD BUSINESS**

### **Elections**

*Recording Secretary* – Thom read requirements. Heather available – will have 2 years on June 6<sup>th</sup>. Heather elected unanimously.

*Corresponding Secretary* – Thom read requirements. Charlie available. Has extensive background in District service. Charlie elected unanimously.

*Treasurer* – Thom read requirements. No one available. Paige asked that you keep asking at your group.

*DCM* – Thom read requirements. No one available.

## **NEW BUSINESS**

**Post Conference Assembly 2006:** hosted by this district – need a chair. Michaelene available. Unanimously elected. Also need co-chair – Area suggestion is that past chair be co-chair. That's Pete. Pete's available and agreed to co-chair.

**PRAASA Report:** Thom- event was 2 full days from 8 am to midnight. Around 1500 people in service attend. Thom attended DCMC round table and got info that will help him better serve the district as well as info on how the district can better serve our groups. Took three people with him. Next year it's in Woodland, CA. While at PRAASA, Thom picked up a copy of the tapes from the meetings for \$55 and he requested that the District reimburses him for the tapes. Paige made a motion that we reimburse Thom. Voted on and passed unanimously. Tapes will be in our archives and are available to all. Please don't break them up.

**Pre Conference Assembly:** Thom – We had good representation from District 02 and should have a well-informed Delegate. Pete – also gave a full report in March newsletter. Enjoyed the ride down with 4 other alcoholics. Feels like the GSRs did the best job yet in giving info. Don H, Past Delegate, has passed away. District 2 took bid for Pre-Conference Assembly in February 2007. Jim H. was elected Treatment chair in December but has stepped down due to health issues so they took tally of votes from Dec. and offered position to Mike A. who had 2<sup>nd</sup> amount of votes at the time. District 02 had 15 people represented. More notes are available if interested.

**Delegate Comments:** Mike – doesn't have any questions, but was reminded by Pete's report that Past Trustee at Large, Don P. from CA passed away last week. Also, appreciates participation from everyone and almost ready to go to NY! Thom asked Mike if we could have Post-conference presentation at May 26<sup>th</sup> meeting. Mike agreed.

## **DCM REPORTS**

**Subdistrict A:** George – All his GSRs aren't always showing up, but everyone's doing ok. Feel free to see him with any questions if you're in his Subdistrict. Only meeting he hasn't been to is the women's meeting.

**Subdistrict B:** Maryann – Hasn't been to all the meetings on her list—will try to do it in April. Has talked to some of those GSRs though.

**Subdistrict C:** Pete – Hasn't been to all meetings. 17<sup>th</sup> and 17<sup>th</sup>, new group in his subdistrict—into service. Grantsville Good News group – 4 or 5 members at the beginning of the year and there were around 40 people last months' spkr meeting.

**Subdistrict D:** Walter – Also hasn't been to all the meetings. Magna group was very welcoming. Been to YP business meeting. Also been to several other groups. Jordon River Group doesn't exist – needs to be removed from list.

**Subdistrict E:** Vacant.

**Subdistrict F:** Wade – Worked with his GSRs for pre-conference assembly. "Owes amends" because they ended up not voting on half of it. Happy with his GSRs—doing a great job. Hasn't been able to find Highland Group. Thom says it's on 7200 S between 100 and 200 East at Highland Ridge Hospital which is geographically in District 10. They should be contacted to see if they want to be in District 02 or District 10.

### **GSR SHARING**

-Terry Ann had concern about getting her group to be willing to donate to the district after past district treasurer took off with the money. Her DCM volunteered to speak to her meeting and Paige also commented that guidelines have been enacted to safeguard against a similar occurrence in the future.

- Kathy brought up World Conference – we need to get the word out. Check website [www.aa.org](http://www.aa.org) for more info.

- Sara mentioned that she also went to PRAASA and it completely fired her up for AA. Learning a lot. Has a lot of notes. Report in newsletter. Panels, round tables. Phenomenal. Appreciates the opportunity.

- Paige said she thought it a great meeting and John would be proud.

- Wade echoed Paige's sentiments.

Motion to close was made and seconded. Meeting shortly after 8:00 pm with the Lord's Prayer.



### **May 26, 2005 GSR Meeting**

Area 69 Delegate Mike O.

## **Report back of the 55<sup>th</sup> General Service Conference**

This meeting may go until 8:30 pm

We want to allow plenty of time for our delegate's report and questions from the GSRs

From our DCMC

## **Carrying the Message of Hope and Recovery**

Hello family, thank you for being a part of our service structure.

As we have trudged this road, there have been some opportunities for us to get the message to those in need. We have been able to do this fairly well, yet we are in need of help in the "background".

In order to be effective, we are in need of those who can do the groundwork, and keep the new meetings alive for those who have yet to make it.

Our responsibility statement lets us know we need to give this away in order to keep it. There are places many can serve the still suffering. The standing committees have work to be done on the front lines, and need others to help in carrying this message.

It is evident that there are many places where we can be, what is needed are those willing to serve and carry hope to those who are new. Getting something started is great, what is priceless is when it continues for a long time.

What am I getting at? Lets encourage those who can to step up and keep the meetings alive in places that need and want them, regardless of how many the message is brought to. Many groups have formed from a resentment, big book, and coffee pot. Perhaps it may serve others well when we have just the big book and a pot of coffee to help them feel at home.

There seems to be more chances to serve than those who are there to do it. So many of us are missing out on the joy of seeing new faces brighten as sobriety catches hold. By showing others the joy we have found in doing this work, may we also give those who are not this same gift? It was shown to me, and passing this on is one of the great benefit of our recovery. Let us all continue to carry our message of hope and recovery!

Love in service,

Thom B  
District 2 DCMC  
dist2\_dcmc@utahaa.org



From our Area 69 Delegate

## **Day by day in general service**

Many years ago I discovered, or rather, I was lead reluctantly to the program of Alcoholics Anonymous by people who loved me. My first impression was that the people in A.A. were different from me and I wasn't sure I belonged. The people seemed to be so casual about the things in life that were keeping me in continual crisis. It was almost as if they were immune to financial distress, problems on the job, and on and on.

I was to learn from these people, that if I worked the steps, I would begin more and more to rely on God to direct my life. As that started to occur, those negative influences that had made life so unbearable beforehand were no longer my focus. When God was in charge, things that at one time seemed life threatening, became problems I could deal with one day at a time. I was starting to experience serenity. I also found out the condition is temporary.

Over the past 19 or so years, I have come to know that the secret to living in this temporary condition called "Serenity" is this: It is a gift from God with strings attached. And you absolutely have to fulfill certain obligations to retain this gift. The biggest and easiest of all obligations to fulfill, oddly enough, is to be of service to others.

When I am giving of myself in General Service, I am the recipient of this cherished gift from God called Serenity. I am happy, joyous and free. My quest to become sober and to stay sober led me to wanting this gift of Serenity I saw in many others. The circle is complete – I have this gift. And on a daily basis I can keep this gift, as long as I am willing to stay sober and earn my gift daily through service to others.

Mike O.

Delegate - Panel 55, Area 69 – State of Utah  
delegate@utahaa.org



### District 3 Workshop

## **Open and Closed Meetings, roles and responsibilities**

Hi my name is John and I'm the DCMC for District Three. Our workshop had the theme of open and closed meetings, roles and responsibilities. The workshop was very likely the best attended workshop that District Three has ever held. We invited all of the GSR'S and, the Chairs and Co-chairs of the Meetings and Groups in District Three and, of course all interested A.A. members.

We had a panel that gave presentations on what is an open or a closed meeting, the role of the GSR with open and closed meetings, the literature that is available regarding open and closed meetings and, the role of the A.A. member in open and closed meetings. We then broke into roundtables to discuss what the presenters had shared. We then had a report back from all of the roundtables and, what they had talked about. We ended with a lunch and, held a, ask it basket session with the panel members.

The information given out at the workshop was very well received and, the feedback we received told us that the information was taken back to the meetings and was being implemented by the groups in our District.

We would like to give a special thanks to the Area Delegate Mike O. and Ken B the Alternate Delegate for being members of our panel. I would like to also recognize Shary P. The Chairperson and Jennifer B. the Co-Chair of the workshop along with all of the other members of the committee for an outstanding job and, of course the members of our District that were in attendance.

John P.

District 3 DCMC



## District 6 Workshop

### **A.A. in Rural Utah**

My name is LeAnn and I am an alcoholic. I would like to share with you the miracle of recovery and service work.

I have been blessed to have started my recovery in AA in District 6. This is also where I started the wonderful journey of AA service work. These are my people. So naturally I am very pleased to have been asked to report back from the District 6 workshop.

The workshop was held on April 16, 2005. It was held in Salina, which is in the center of this district. District 6 covers many miles. Hence the topic for the workshop "Alcoholics Anonymous in Rural Utah."

There was a wonderful myriad of topics ranging from: AA in rural towns and in urban cities, Going to any lengths- how many miles?, Getting to AA through court cards, Corrections work, the General Service Structure, Keeping sober through service work, Anonymity and singleness of purpose. There was also a wonderful video played, "Hope - Alcoholics Anonymous." If you have not seen it I suggest that you do. Its great!

I had the honor to speak on singleness of purpose. This subject is near and dear to my heart. Our singleness of purpose is what kept me coming back. You see in my first AA meeting I heard a message of hope and recovery from this thing that had turned my life upside down, king alcohol. In that meeting I heard about Alcoholics Anonymous. I heard that there is hope for people like me. I heard that it is normal to feel like the world would end if I didn't have a drink. For I am an alcoholic. The message was not diluted, hence I knew that I had arrived home in AA.

Two years ago this district had a Unity Day workshop based on the Traditions. The district received a twelve-step call from many area officers and standing chairs along with many people outside of the district. It was amazing how this spurred a desire in many of us to be a part of General Service work. Well, District 6 has been honored once again with this 12-step call. Thank you to all who attended.

If you are looking to enhance your recovery and practice the AA principles in all of your life I suggest that you attend workshops like this one. I believe that you will find that a wonderful unity and it will enhance your sobriety. I was told in early recovery to stick with the winners. I wondered where would I find the winners. I soon learned that the winners are found in places like district workshops, and area events. I am so blessed and my recovery has become a bright spot in my life because of things like workshops and general service.

Thank you for allowing me to share my recovery and love for service work with you. God has once again blessed me.

LeAnn L.  
Area 69 PI Chair  
pi@utahaa.org



## Officer's Reports

### **Corresponding Secretary**

Wow! I present my final report as Corresponding Secretary with very mixed feelings. As with every AA service position, just about the time you are comfortable with the duties and responsibilities – it is time to change. Over the past three years, it has been my privilege and blessing to serve District 2 as Corresponding Secretary. In that time, you have shared with me dozens of Assemblies, Workshops and District 2 service meetings. For that I am grateful.

You, the anonymous service body of District 2, share the distinction of serving the groups who comprise our beloved District. The alcoholics we serve come to us in pain and despair and grow to be able to help others overcome pain and despair. All through that, we get to grow as individuals and as a District. As Corresponding Secretary, I have had the opportunity to meet each and every one of you and, hopefully, aid the growth of your groups. Through three DCMC's, three Area Registrar's, even three Delegates – plus many wonderful GSR's who share the same affliction as I do – I want to express my gratitude for allowing me to serve District 2 and to learn so much more about myself.

Enough of that! Let's move on to the really important stuff. I presented your new and totally awesome Corresponding Secretary – Charlie, with the best information that I have concerning groups, District servants and sub-district information. I went ahead and sent off the changes to the Area Registrar and I know that Charlie has already added new information concerning the District.

Pete G.  
DCM Sub-District C  
dist2\_dcm\_c@utahaa.org



## Standing Committee Report

### **Newsletter Committee Chair**

I invited several people to write articles for this month's newsletter. John P the District 3 DCMC wrote an article about the District 3 workshop "Open and Closed Meetings, roles and responsibilities" (on page 6). LeAnn L. the Area PI Chair wrote an article about the District 6 workshop "AA in rural Utah" (on page 7. Mike O, our current Area 69 Delegate wrote an article about service "Day by day in general service" (on Page 5).

Hopefully the GSRs have brought the District 2 newsletter sign up sheets today. Please let me have them before you leave. If you didn't get a sign up sheet or if you need another one there are copies available.

I would like to present a challenge to our Sub-District A groups. Have one of the GSRs write an article about their group for the next newsletter. Or perhaps have the DCM or Alt DCM write something about all of their groups. We can then rotate to the next sub district to eventually get something from each of District 2's groups.

I'd also like to get a group conscious about having the role call of the previous meeting printed as part of the minutes. What I'm referring to is the way Paige included the GSR's names and groups in the minutes for last month's meeting (Page 2).

Doug R.  
District 2 Newsletter Chair  
dist2\_newsletter@utahaa.org



## The Seventh Annual **Utah Rainbow Roundup**

The seventh annual Utah Rainbow Roundup will be June 17, 18, 19, 2005. Members of Alcoholics Anonymous, the Al-Anon Family Groups and others with an interest in recovery will join us for workshops, marathon meetings, step-study sessions and fellowship. Local and visiting speakers will share their experience, strength and hope.

### **All Are Welcome!**

The Roundup, sponsored by Gay and Lesbian groups, is about recovery from alcoholism. Meetings and conference sessions will be conducted in the spirit of the traditions of Alcoholics Anonymous. Some workshops will be of particular interest to gay and lesbian members, but all general sessions, marathon meetings, and most workshops will appeal to any member. Our focus is sobriety. We hope you will be able to join us.

This year the conference will be held at the Holiday Inn Downtown located in Salt Lake City at 999 South Main Street.

The cost of attending for the entire weekend is \$37.50 if pre-registered before May 31, 2005, \$45 if registered after. Cost of the Al-Anon luncheon on Saturday is \$12.50. If you wish to just attend workshops, there is a requested \$10 donation for each workshop attended. All open AA and Al-Anon meetings will follow the seventh tradition and there is no charge for attending.

For more information regarding the conference and registration, please check out our website at [www.rainbowroundup.org](http://www.rainbowroundup.org); or e-mail us at [admin@rainbowroundup.org](mailto:admin@rainbowroundup.org); or snail-mail us at Utah Rainbow Roundup, P.O. Box 186, Salt Lake City, UT 84110.



## Upcoming Events

### **Mark your Calendar**

District 2	GSR Meeting Report back of the 55 <sup>th</sup> General Service Conference	May 26
Area 69	Post Conference Assembly A.A. 70 <sup>th</sup> Anniversary Holiday Inn (999 S Main Street Salt Lake City)	May 20-21-22

## District 2 Financial

2005 Treasurer's Report	March	Year to Date
<b>OPENING BALANCE</b>	<b>\$1,940.21</b>	<b>\$2,521.73</b>
<b>INCOME</b>		
Contributions	\$489.34	\$1,888.15
DCM Meeting Basket	\$13.00	\$62.00
GSR Meeting Basket	\$36.00	\$102.00
Workshops		
<b>TOTAL INCOME</b>	<b>\$538.34</b>	<b>\$2,052.15</b>
<b>EXPENSES</b>		
PI/CPC		
Corrections	\$30.00	\$0.00
Liturature	\$50.00	\$100.00
Treatment		
Accessibilities		
<b>Committee subtotal</b>	<b>\$80.00</b>	<b>\$270.00</b>
Workshops/Assemblies		
Hotels	\$60.00	\$400.00
Registration	\$10.00	\$54.00
Mileage		
<b>PRAASA/FORUM</b>	<b>\$55.00</b>	<b>\$655.00</b>
<b>DCM Expenses subtotal</b>	<b>\$745.00</b>	<b>\$7,481.00</b>
GSR Expenses		
Office Supplies		
Photo Copies	\$42.82	
Postage		
GSR Coffee		
GSR Rent		
DCM Rent	\$25.00	
Post Office Box		
Corresponding Secretary		
Treasurer		
Recording Secretary		
<b>Other Expenses subtotal</b>	<b>\$67.82</b>	<b>\$237.12</b>
<b>TOTAL EXPENSES</b>	<b>\$292.82</b>	<b>\$1,988.12</b>
<b>CLOSING BALANCE</b>	<b>\$2,185.73</b>	

  

Group Contributions	March	Year to Date
5:15 Happy Hour	\$25.00	\$100.00
974 Group	\$20.00	\$80.00
Acceptance Group		\$19.30
Bog Irish	\$11.10	\$11.10
Chapter 5		\$35.00
City at Seven		\$75.00
DNS Group	\$20.00	\$20.00
Downtown Bunch	\$30.00	\$30.00
Foothill		\$43.05
Friday Night Speaker's Meeting	\$9.03	\$9.03
Friendship Group		\$44.20
Honey's Breakfast Club		\$400.00
It's in the Book		\$29.00
Magna Friendly Bunch		\$24.50
Midnight Miracles		\$40.00
New Way		\$69.00
No Rules	\$96.00	\$96.00
Non-smoking Sobriety Hour		\$200.00
Richard's Street Group		\$83.22
Speak Easy Ladies	\$17.57	\$34.11
Tooele Beginners	\$235.64	\$400.64
Trying Again	\$25.00	\$25.00
We care		\$20.00
<b>TOTAL</b>	<b>\$489.34</b>	<b>\$1,888.15</b>

  

Budget	Balance
\$200.00	\$200.00
\$500.00	\$330.00
\$500.00	\$400.00
\$100.00	\$100.00
\$0.00	\$0.00
<b>\$1,300.00</b>	<b>\$1,030.00</b>
\$50.00	\$50.00
\$964.00	\$564.00
\$218.00	\$164.00
\$500.00	\$128.00
\$600.00	( <b>\$55.00</b> )
<b>\$2,332.00</b>	<b>\$857.00</b>
\$80.00	\$80.00
\$20.00	\$20.00
\$200.00	\$100.88
\$30.00	\$30.00
\$30.00	\$30.00
\$150.00	\$150.00
\$80.00	( <b>\$20.00</b> )
\$45.00	\$7.00
\$50.00	\$50.00
\$25.00	\$25.00
\$30.00	\$30.00
<b>\$740.00</b>	<b>\$502.88</b>
<b>\$4,372.00</b>	<b>\$2,383.88</b>
<b>\$4,372.00</b>	<b>\$2,383.88</b>

Differences in monthly closing balance and YTD opening balance reflect payments credited to current month but not shown in this report

**Notes**