

**District One Meeting Minutes for
November 10, 2011**

Frank called the meeting to order at 6:30 with a moment of silence, followed by the Serenity Prayer. Shelley W. read the GSR Preamble and Mary B. read the Twelve Traditions. There was no new GSRs. There was one interested AA – Karen. Frank welcomed Charlie G. - Assembly Chair from Area 69, Mary B.- Area Corrections Chair, and Rachael F- Area Literature Chair. Those in attendance: DCMC, 2 DCMs with one excused, 10 GSRs with one excused, Secretary, Treasurer, Corrections, Intergroup Logan, PI, and Treatment. Sue called the roll and read the minutes from the October District meeting. The minutes were approved with a motion from Gunnar and Teddie 2nd.

Intergroup Logan – Erin –
Cache Valley Intergroup Business Meeting

Date: Oct 28, 2011

Open with a moment of silence followed by the Serenity Prayer

In Attendance: Erin, Kate, Christie, Andi, Sherrie, Sheila, Sally & Gonzo
12 Traditions: Gonzo

Chair Report: Erin – I was not able to attend district this month.

Frank is still looking for volunteers for the Post-Conference Assembly in May.

I think that District said they would help us purchase 2 literature racks.

I would like someone to approach Fast Forward Charter High School about placing a literature rack in their school. My son attends that school and I would like to maintain my anonymity with the administration. Any volunteers? Sally.
Treasurer: Val – Bills are paid and we have \$1073 in the bank...\$73 above our prudent reserve.

PI: Sherrie – The phone is up, running and ready to be passed around. The number has changed once again, it is 435-890-5977. Sherrie is going to explore other phone service options. Michelle G, from AlAnon, had a great suggestion that Sherrie is going to look in to.

Sherrie is in the process of generating a 12th step list and asked the groups to help by passing around sign-up sheets in their meetings.

The meeting schedule on the utahaa.org website is semi-updated. Both she and I have emailed who we have been told is in charge of updating the schedule and it still isn't completely correct. How do we fix this problem? Who is the contact person for problems with the website and meeting schedule?

Literature: Andi – We have books.

Corrections: Need volunteers.

Event Chair: Linda – not in attendance...however, the Intergroup Chili Cook-off was a great success. It was well attended and the speakers were fabulous.

Web Master: Josh – does not want to attend Intergroup business meetings and agreed to step down. The position is open.

Old Business: I propose that the Intergroup Chair attend general service events. I learned a lot at the Assembly in September that will help Intergroup carry the message. The roundtable discussions and summaries present problems and seek solutions that facilitate the healthy functioning of service bodies in AA. The service structure of Intergroup is the same as District and Area. We have the same positions and should therefore participate general service at the Area as well as the District level. Otherwise,

Intergroup is not connected to AA as a whole.

I further propose that the Intergroup chair be defrayed similar to District servants...

Proposal

October 28, 2011

The Cache Valley Intergroup Chair will attend the following General Service Events; Area Assemblies, Area Committee Meetings and Area Workshops.

The Chair Person may be defrayed 25 cents per mile and reimbursed for lodging at the rate of \$40.00 per night, if the meeting exceeds 75 miles one way travel distance as well as receive reimbursement for cost of the registration to attend these events.

New Business: We moved the next Intergroup meeting up one week so as not to interfere with any holiday travel plans. It will be November 18, 2011. As per Intergroup Guidelines elections will be held December 30, 2011. All positions will be open.

Next Meeting: November 18, 2011

Intergroup Ogden – Intergroup Meeting November 9, 2011

Our meeting was opened with a moment of Silence, "*for the still suffering alcoholic,*" at 6:37PM.

Mike L. read our Fellowships' 12 Traditions, and, as Mike was eloquently reciting them, a basket was passed, in honor of our 7th Tradition of self-support.

Mike then, to the delight of our diminutive gathering, read the Financial Statement. Bob read the minutes from last months meeting, and the CO Report. Frank B., *now of legal age*, read from his prepared statement on the goings on in District I and Area 69. All who attended followed Frank with great fervor.

The 2 openings on the Steering Committee were briefly reviewed, but alas, the only IGR able to toss their hat, was uninterested in any sort of tossing's. The Central Office "Open House", slated for December 10th, was reviewed. Bob stated that CO's Insurance comes due at the end of November, and this year, as in years past, CO will pay ½ of the amount, or \$165.48.

Keith M, our Area 69 Delegate, would like to attend an IGR meeting. CO will extend an invitation for our January 11th 2012, or our February 8th 2012 gathering, or any 2nd Wednesday of the month that he might take a shining towards.

December's District 1 meeting will be prior to the IGR meeting.

Mike L. said that 2012's *Chilly Chili* is in the planning stages and anyone that would like their 2 cents worth deposited, can attend the Tuesday Morgan Groups meeting.

We then closed with a much needed Serenity Prayer.

Corrections – Gunnar – The only thing I have to report is that I been obtaining new literature. I spent \$80.00 of Pink Can money about 12 days ago, with guidance from Bob at central office I chose to get a bunch of old grapevines and a bunch of Spanish literature including a couple Spanish Big Books, a Spanish 12 X 12, a couple Spanish Daily Reflections and a Spanish As Bill Sees It.

Kudos to Al Hall for spontaneously donating four 12 X 12s.

And I am still trying to meet up with Rod H. who has a whole bunch of Big Books to donate, courtesy of the Fall Fellowship committee.

Kate just gave me a quick update that all is well up in Cache Valley.

I want to give props to Tuesday Beyond the Horizon for all the money they have been generating for literature.

Grapevine - Paul – not present, no report.

PI – Chris H. – No report

Treatment/Bridge the Gap – Scott H. –

This months report starts off with a thank you to our AlAnon friends and Veronica for coming to speak with me that next week at WHS. Kelly followed up with a call to make sure we had a speaker. Another great service meeting with the reminder of what and how I felt some time ago, having just left jail and prison myself. Interested people with questions about how to get to meetings, how to get a sponsor, do I go to AA or NA or CA? And of course the big question of the buzz words of God and Higher Power, spirituality that are always the stumbling hurdle were answered by me reading the first 2 paragraphs of the spiritual experience in our big book. Not me, not your counselor, only you and your higher power can do that. Just get there to a meeting, don't get discouraged at your first meeting if you don't like it, and keep coming back. You are always welcome I said.

Not on our list of current facilities available I stopped by and actually talked to 2 different facilities in one meeting. While inquiring about what they were about I had my perfect time to introduce myself. The 2 treatment centers were meeting together with a third party as well.

The first is called the Crystal Cocoon Center located at 5578 S. 1750 E. Combe Road. "A different kind of treatment center" is their slogan. Their purpose is to provide a safe environment where people can discover their own worthiness and wholeness; and all those

who are drawn to experiencing optimal body, mind and spirit. My lead in was after listening to them tell me about the clients they treat, and their alcohol and drug use that lead them to seek help or treatment in the first place. My usual information packets of personal knowledge, as well as literature, was added. More interest and enthusiasm increased about our fellowship and the other lady introduced herself and told us about her facility.

It is called Gateway Counseling. Two locations available. One in Salt Lake City and one in Weber County on 860 W. Riverdale Road C2. While helping parents, we specialize in maintaining and strengthening their relationship with their children while reducing interpersonal conflict. Part of their process also includes classes like Prime Solutions – Alcohol and drug treatment program. Another is called Prime for Life - a 16 hour alcohol education program. Another great find of people trying to help others through their struggles of addictions as we are. I have information on all of these facilities and places. I was also asked to speak at these places in the near future. If you are interested in speaking at any of these spots live I've told you about please let me know soon, so that I can pass on the valuable service commitment to others. Continued success to us all, thanks for letting me be of service guys, thanks for help keeping me sober 1 day at a time. Scotty.

Treasurer – Teddie

Good Evening everyone: Since District last met, 1 group sent in contributions totaling \$1.28 and the 7th tradition basket collected \$20.00. Total deposits were \$21.28 and expenses of 158.00.

District One Fund checking account has \$602.76 above the \$2000 prudent reserve.

I ask that the G.S.R.'s and D.C.M.'s please express to their groups District One's sincere gratitude for their support. I am grateful for the opportunity to be of service to Alcoholics Anonymous.

Teddie Hanson.

A motion to accept the financial report was made by Shelley and Scott 2nd.

Teddie also gave a report from the Budget committee, held prior to the District meeting. This needs to be taken back to groups and brought back next month to vote on.

DCM Report-Kate

Corrections – Although we are not getting more volunteers, so far the schedule continues to work out, although we are usually short in one meeting, sometimes two. I do give the option to those going in to have one meeting or two, because if they are not comfortable doing the meetings alone. They should not have to. Thanks to those doing service. We brought in our Grapevines for the library.

DCM – Although I needed help getting to meetings this month, I continue going to my meetings that I am assigned to and bring the message from District and area 69. It truly has been a privilege to serve you in this position and serve on this panel. I will continue to do my job with pleasure to learn and to grow in my own recovery. I will be attending the November workshop. There has been no meetings in Randolph for quite a while. And the Monday meeting at Salvation Army is so small and they have no desire to do service positions or be a part district so far. ...I said so far...;) I got to go the Area Assembly in Murray. It was one of the best Assemblies that I have attended yet.

Frank and I were the only ones there representing District One. I am not sure what is going on with Service at our District level, but I really can't expect any service at a group or individual level if we take positions at this level and don't show up. How can we make this better?

Thank you for allowing me to be of Service. Kate I.

Elections were opened for 3 DCMs, 6 Alt. DCMs, C.P.C. and Literature Chair Positions. No one stood.

PLEASE TAKE THIS BACK TO YOUR GROUPS.

Old Business –

Frank gave a report on the Fall Workshop.

Fall Workshop Report to the District 1 Body. November 10, 2011. By Frank B. – District 1 DCMC.

The theme for the workshop – “Anonymity: Our Spiritual Responsibility in the Digital Age”. That is the 2012 General Service Conference Theme.

The Area 69 Fall Workshop was held November 5-6, 2011 at the Murray Elks Lodge and was hosted by District 12. District 12 is our Spanish Linguistic District.

Representing District 1 were Kate I. (DCM) and myself (Frank B. – DCMC). Utah Area 69 Business Meeting took place at 9am with a welcome from Renae H. and the 12 Concepts were read. Sheryl T. read the minutes from the 2011 Pre-Assembly Workshop, and then Doug R. gave the Utah Area 69 Treasurers report. I have a copy if anyone is interested. Then the Utah Area 69 Delegate Keith M. gave his report. What a very, very educational report about Central and Intergroup offices and how they are not part of the General Service Structure. However,

they are definitely part of A.A. as a whole. They are a true asset to our fellowship.

Keith also mentioned in his report about the yellow sheet –“A.A. Guidelines: and the topic – Central or Intergroup Offices”. It will provide great clarity about our relationship. What I got out of the report was the statement: “Good communication is the key to working together.” If you would like a copy of this report and any other business documents please visit Utahaa.org. Go to the link Other and click on Business Documents.

After all other Area Business, roll call, and reports were presented; the body broke into the standing chair round tables. I sat on the public Information Committee. What a huge amount of information to pass on to our District 1 PI standing chair (Chris H.).

Bruce I, is a wonderful trusted servant doing a lot of PI work and what a privilege it is to work with him and the PI committee to carry the message of Alcoholics Anonymous.

After lunch the Workshop began with an amazing bunch of Panel Presenters, including our very own Kate I. Kate had the topic of carry A.A.s message with a sub topic of “Still Our Primary Purpose”. Wow! It was definitely a recharge, a great preparation and Kate represented District 1 in the up most awesome fashion.

There were a lot of great sub topics like “young People in A.A.”, “Importance of Sponsorship”, “Service, Our Third Legacy”, and “Spirit of Rotation”.

The one that really set with me was from Kristen E. District 11 DCM. Her topic was on “Diversity – Lets keep the door open for any who may suffer from Alcoholism.” Her presentation really struck home with me and I cannot stop

thinking about it. She had me in tears just about her who talk.

Finally, after all the Panel Presenters, the whold body broke into 5 different groups. Wow again! Very powerful groups..

We were asked to talk bout and report back on the topic of “Safety in A.A: Our Common Welfare”.

Amazing how all 5 round table discussion groups came up with pretty much the same issues and the same concerns on Safety in A.A.

A wonderful workshop and a wonderful time with my A.A. General Service family. It was a definite recharge. I left this weekend feeling a whole lot better than when I arrived. Thank you to all involved and thank you to all Trusted Servants in Utah Area 69, especially the Trusted Servants in my home district – District 1.

Frank B – District 1 DCMC

P.S. The Pacific Region Trustee Report – “Carrying the Message to the Native American” is unbelievable.

New Business –

The guidelines committee was tabled to next month.

Racheal F. – Area Literature Chair – spoke about her position. She also created a new comers packet and handed those out to all who were interested.

Mary B. – Area Corrections Chair – also talked about her position and had extra literature that she brought. She also had information on Bridging the Gap.

Open Discussion – GSR’s – There was no time for open discussion.

Coming Soon

⇒ Next DCM Planning Meeting – B.C. Alano Club – November 10 @ 07:45 pm.

⇒ Next District Meeting - BC Alano Club - December 08 @ 06:30 pm

↪ Area Committee Meeting (Area Inventory) –District 3, Heber-December 3, 2011

↪ Area Committee Meeting District 9 Feb 25 (Moab)

Meeting was closed at 7:30 pm with the Responsibility Statement.

To contact a DCM, call Frank B.

(435)232-2403, Cathy R. (801)814-4357, Cliff D. (435)760-3339, Kate I. (435)770-8782, or Sue C. (801)782-5335. Treasurer– Teddie (801)920-7569.