

**District One Meeting Minutes for
February 09, 2012**

Frank called the meeting to order at 6:31 with a moment of silence, followed by the Serenity Prayer. Amanda read the GSR Preamble and Kyle read the Twelve Traditions. There were two new GSRs - Amanda – Courage to Change, and Kyle – Thurs Night Harrison. There were no interested AAs. Frank welcomed Charlie G. - Assembly Chair from Area 69. Frank also announced Kate I. moved to Salt Lake and expressed gratitude for all she did for our district. Those in attendance: DCMC, 2 DCMs, 4 GSRs with two excused, Secretary, Treasurer, Corrections, Grapevine excused, Intergroup Logan excused, Intergroup Ogden excused, PI, and Treatment. Sue called the roll and read the minutes from the January District meeting. The minutes were approved with a motion from Steve and Cliff 2nd.

Intergroup Logan – Erin – Read by Cliff

January 27, 2012

Opened with Serenity prayer followed by Serenity Prayer.

In attendance: Kurt, Sheila, Steve, Erin, Christie, Brooke

Chair Report: Erin

Central Office putting together a Utah area 12 Step call list.

Post Conf. assembly Bountiful Elks Lodge in May.

Treasurer Report: Steve

Met with Val and got set up as signer on account.

Ending Balance \$1135.46

PI Report: Sherrie

South Cache didn't return call about literature rack. Filled racks at APP (jail) & Bear River drug & alcohol program.

Christie took the cell phone for the Bridgerland group. Need 12 step phone list turned in!!!!

Literature report: Sally

No report

Corrections Report:

No Report

Events Chair: Linda

No Report ~ Erin was concerned with the money left over from the Prom.

Linda had no financial support for the prom, it would have been a violation of traditions to use 7th tradition money for such an event. Erin would like to save the money left over to use as seed money for the next event that is ineligible for 7th tradition support.

Webmaster: Kurt

Meeting list is updated ~ He is going to create an events page for the website to keep all of Cache Valley informed of upcoming events and promote unity. Spread the word to your groups about the website.

DCM:

No Report

Old Business:

Elections ~ positions still open

Chair position

Secretary

Corrections was filled by Brooke H. ~ thanks Brooke!

New Business:

Erin received a call and was informed that the literature rack we had placed at Sky View High School in Smithfield is MIA.

Intergroup Ogden – Read by Gunnar Intergroup Meeting February 8th 2012

The meeting was opened with a moment of silence, for the still suffering alcoholic, at 6:30PM, and due to an increase of new bright & shiny faces all introduced themselves.

Bryan, then, read our Fellowships 12 Traditions eloquently, and as they were

being read, a basket was passed, in honor of our 7th Tradition of self-support, where \$16.00 was deposited, to help defray costs and keep the message carried.

Mike read the highlighted portions of the CO Financial Report, which now contains the CO checkbook register.

Bob read the Minutes from January's meeting, as well as the CO report. Bob also said that \$1,750 had been deposited in to the CO Prudent Reserve, which increases its total to about 1 month's expenses, or \$2078.

Keith M., our Area 69 Delegate was welcomed enthusiastically, and Keith told our quaint gathering of Area 69 and Trusted Servant activities.

Frank B. read effortlessly from a prepared statement of District 1 comings and goings, while leaning comfortably against his progeny.

The ubiquitous Steering Committee positions were briefly breached, but even with new IGR's, Loganland faces, and "interested" AAs, no takers rose to the tantalizing bait.

The Salt Lake Central Office Event, March 17th was briefly covered, as well as PRAASA, being held in Bellevue, Washington March 2nd through March 4th and the Area 69 Business Meeting to be held in Moab.

The need for additional 12th Step call list participants was addressed. Blair said, "The list was an important part of carrying our message, and that IGR's, and really anyone attending meetings, should Announce its need for participants." New participants can stop by CO or call [801-393-4728](tel:801-393-4728), to be added to the list.

Monte S., our past Delegate, requested a Biographic Article from all our Area 69 Central Offices, and Intergroups. An outline of questions was answered, and a

loosely written article was supplied for the members attending our meeting. Our meeting was closed, just prior to the stroke of seven, with our perfunctory handholding and Serenity Prayer recitation.

Corrections – Gunnar –

I had a chat with one of the Weber County Jail's programs officers who were kind enough to find me an email address for Cpl. Sekulic, the hard to reach head of programs at the jail. I sent her an email in which I mentioned our desire to get some women volunteers cleared for meetings. I also talked about how I would like to get some books into the Kiesel jail and perhaps a meeting as well. So I got a response today. She said Kiesel has had a lot of changes but we can probably get some books into Kiesel. There will be a new volunteer orientation soon she said. It sounded like she was glad to make contact.

Johnny L. called me. He is a long-timer that managed to get cleared for jail meetings recently. He is trying to find a night that works best for him. I guess Tom Finn's meetings run for a very long time, which doesn't work for Johnny. Jim M. joined me for a meeting last week, which was a nice change of pace. Tuesday Beyond The Horizons generated another \$36 in Pink Can donations. Kudos to that group. I spaced out bringing books that I obtained for Scott. We are going to work out a time to meet up for that purpose.

Grapevine - Paul – Not Present

PI – Chris H. –

February 2012 District Public Information Chair Report 2/9/2012
Sense my last report I have visited a number of family practice medical clinics in the Roy area, leaving AA approved pamphlets ("Frequently asked questions about A.A." & "Is A.A. for

you?") aimed at those who MAY feel they could have a problem with alcohol. In addition to these I've included area meeting schedules and some "freebee" materials that Ogden Central Office Bob suggested. Most importantly, I included a couple of pamphlets ("*AA as a Resource for the Health Care Professional*") for the medical professionals themselves. My distribution of these materials was not entirely unsolicited in that I had previously spoken to one of the clinic's M.D.s during a private consultation visit where our conversation had turned to my own ongoing recovery from addiction. During this conversation I asked him if he or his clinic might welcome some approved A.A. pamphlets to have on hand. He remarked that he had quite recently discussed the topic of alcoholism with some patients and admitted that wished he had had more to offer these patients than simply a referral to an addiction specialist. Needless to note, he did welcome the proposal and I had the afore mentioned materials delivered to the clinic before the week was out. In the two "AA as a Resource for the Health Care Professional) pamphlets, I highlighted the part of the text within that states "...We invite health care professionals to visit an open meeting and see what A.A. offers the alcoholic." And wrote my cell number and first name in the margin. In other house-keeping matters, I've provided Kurt J. - the District Communications servant - with my e-mail address. The P.I. contact link for District 1 in the Utahaa.org website is now active and resolves to my private e-mail address.

Thank you all for allowing me to serve.
Treatment/Bridge the Gap - Scott H. -

Good evening, my name is Scott and I am an alcoholic.

Here is my treatment /bridge the gap report for the past couple of mos.

With this New Year upon us I have started at the top of the treatment list I have attended this past yr.

Starting with another visit to WHS to check in with our friends there. Making sure plenty of AA literature is available and to also attend the 2 graduations being held for drug court, and Dwi. My excitement and enthusiasm was reinforced with both Judges speaking to graduates, and also possible new prospects to get into drug court. Their true desire to help all of us in our own quest of staying clean and sober is always noticed and felt. The officers, councilors, therapists, all involved were appreciated, thanked as they except the graduates certificate. While sitting in the court room I was reminded of my visit that 17 day of Jan. 4 yrs. Ago. I was sentenced to prison that day and probably still terribly hung over from that last drink that night before. My sobriety date is that day.

Moving on, I was asked about a new treatment center that Rick Visser had started. With experiencing a definitely god thing I knocked on some doors in some treatment, wellness living centers in the area of my other last mos. Find by the crystal cocoon on Harrison that I had reported on a couple of mos. Ago. As I read the name Action Recovery group I was warmly greeted by Mr. Rick Visser. The same guy I had met 18 yrs. ago while attending Act for the first time. Big hugs and that warm feeling I get so often when being involved in AA. He told me about the new facility that has the slogan intensive evening of 'Improving lives one step at a time'. It includes a plethora of different programs

like 60 day outpatient treatment, day treatment, 2 yr aftercare, and also individual needs addressed, and family involvement. A very welcome addition to our recovery society. To top it off they have a Fri. night AA open meeting. At 6:30 that is awesome. I attended the home group meeting after and was so excited to hear the progress, structure that they had. GSR, treasurer, of which ran down the break down of their money and how it's spent. It was so nice to hear them say that they send money to each different category involved in AA. Not just the treatment center and central office. Unlike some of our other better known treatment centers, men and ladies facilities, that still don't. So thank you so very much for that and welcome aboard.

Bridge the gap announcements and also phone list #s for bobs phone list at central office are being announced. I also wanted to thank our anonymous donor Chris, our P.I. Rep. here in District 1, for answering my call for the need of big books some mos. ago, for use at the sober and serenity houses. I am also in the process of getting more books from Gunnar. I will continue down our list of treatment centers these coming mos. To check in to offer any help we can provide from our dist. Thank you so much for the opportunity to be of service and your help of keeping me sober 1 day at a time. Scotty

Treasurer – Teddie

Good Evening Fellow Trudger's. I am an Alcoholic and my name is Teddie: Please Look at the left side of my report and you will see what has been donated to District one this past month. The 7th tradition basket passed at our January 12th meeting collected 29.00. Since the January meeting 7 groups sent in contributions. The total collected was

\$348.99. Now as you look to the right side of the page, you will see District One's expenses for February. \$60.00 will be sent to Ogden's AA Central offices for services they provide to our district. \$15.00 will be given to the Brigham City Alano Club to pay for the rent for tonight's meeting. There are travel defrayments for travel going to Cathy A., Frank B., and Sue C. Our DCMC Frank B. will be representing our at the 2012 PRAASA. He has been defrayed \$421.78. There is \$2232.13 in the bank account. We are \$232.13 above our prudent reserve. Please thank your groups for their support to District One. Thank you for allowing me to be of service. Teddie H.

A motion to accept the financial report was made by Gunnar and Cliff 2nd.

Elections were opened for 4 DCMs, 6 Alt. DCMs, C.P.C. and Literature Chair Positions. No one stood.

PLEASE TAKE THIS BACK TO YOUR GROUPS.

Old Business –

*Frank gave a report from the 2012 Post-Conference Committee.

My name is Frank and I am an Alcoholic. I currently serve District 1 as the DCMC and I am the Chair Person for the 2012 Post Conference Assembly. The event will be held May 18, 19 & 20m 2012 at the bountiful Elks Lodge in bountiful Utah. The Venue has been secured and a contract is in hand. The cost for the weekend is \$150.00 & if ALAnon wishes to join us, \$50.00 for the room down stairs. I will personally contact each member of the Committee this week to schedule a time to have our first committee meeting. A mock flyer has been made and will be distributed in Moab at the area 69 Committee Meeting. Final flyer will be available soon after. Frank B. District 1 DCMC

*The Guidelines Committee met today before the meeting. Proposed changes will be handed out next month to take back to home groups. Then the following month will be a vote to accept the changes.

New Business –

Charlie – Area 69 Agenda Chair - was given a few minutes. He announced the 2015 PRAASA will be in Layton. He graciously accepted volunteer services from all 14 bodies in the room tonight. (Or anyone who would like to be involved in service work.)

Open Discussion – GSR's – There was time given for open discussion. No one had anything to discuss.

Coming Soon

☞ **Next DCM Planning Meeting –** B.C. Alano Club – February 09 @ 07:45 pm.

☞ **Next District Meeting -** BC Alano Club - March 08, 2012 @ 06:30 pm

☞ **Area Committee Meeting** District 9 Feb 25 (Moab)

☞ **PRAASA** Mar 2-4 2012 (Area 72 Bellevue, WA)

☞ **Pre-Conference Assembly** Mar 30-Apr 1, 2012 District 7 (Rockville)

☞ **General Service Conference** Apr 22-28 2012 (Rye NY)

Meeting was closed at 7:31 pm with the Responsibility Statement.

To contact a DCM, call Frank B. (435)232-2403, Cathy R. (801)814-4357, Cliff D. (435)760-3339, Kate I. (435)770-8782, or Sue C. (801)782-5335. Treasurer– Teddie (801)920-7569.