

**District One Meeting Minutes for
October 11, 2012**

Frank called the meeting to order at 6:40 with a moment of silence followed by the Serenity Prayer. Frank excused Sue. Her husband, Ken has offered to take minutes for her. A group conscience was taken. All agreed to let Ken stay and take minutes. Teddie read the GSR Preamble and Rod read the Twelve Traditions. There were no new GSRs. There were two interested AAs – Scott and Ariel. Frank also welcomed Charlie – Area 69 Assembly Chair, Monty – Immediate Past Delegate, Keith – Panel 61 Delegate, and Rod – Pacific Regional Trustee. Those in attendance: DCMC, 1 DCM, 7 GSRs with 3 excused, Secretary excused, Treasurer, Corrections excused, Intergroup Logan, Intergroup Ogden, PI excused and Treatment. Ken called the roll and read the minutes from the September District meeting. The minutes were approved with a motion from Karen and Joni 2nd.

Reports

Intergroup Logan – Erin

09/28/12 6:30pm

Opened with a moment of silence followed by the Serenity Prayer. In Attendance: Erin, Kurt T, Courtenay, Sally, and 2 new IGR's-Linda (SHE) and Paul W (Sober Solutions). Paul read the 12 Traditions. Last month's minutes were read by Courtenay and accepted by CVI. Chair Report- District Elections 10/11/12. I got a stack of the new "It Sure Beats Sitting in a Cell" from the Assembly and passed those on to the Corrections Chair along with "Inmate to Inmate" books and 1 Daily Reflections from Gunnar. I would like to write CVI number in literature we send to the CV Jail.

Utah Central Office/Inter Group
Conference Call

Date: 9.26.2012, 8pm

In Attendance:

Wendy W – Outreach Chair, Salt Lake Central Office
Erin Bennett – Chair, Cache Valley Intergroup
Kurt – Webmaster, CV IG & Communications Chair, Area 69
Cynthia – Chair, Maryland Intergroup; Intergroup Liaison, Area 29
Walter C – Alternate Delegate, Area 69
Patti L – Utah County
Ron L – Office Manager, Dixie Central Office
Sherry – Public Information Chair, Outreach Chair, CVIG

We decided to record the conference calls. However, due to technical difficulties, did not have the ability to do so during this call. We will start recording next month. Anyone who would like to listen to the call again may do so on the website until the next conference call where the previous month's call will be recorded over.

Wendy facilitated, welcomed attendees, asked Cynthia to share her experience in Maryland IG/CO conference calls.

The purpose of the conference call is to serve and facilitate cooperation and communication between IG/CO's with each other as well as with their Area and GSO. They share experience, discuss challenges, seek solutions, share what is working and present opportunities for group conscience. IG/CO's are able to share challenges, for example, 3 IGs lost non-profit status, another IG was able to walk them through it.

They have been doing the call for about two years with excellent results.

The first 5 – 10 minutes of the call is devoted to the delegate who shares information from GSO and the Area relevant to IG/CO's. The remainder of the call is devoted to IG/CO's.

The call creates a line of communication throughout the state of Maryland that among other things prevents overlap of events. The Area 29 Webmaster, (in Area 69 the webmaster is the Communications Chair), participates in the call and is creating a comprehensive event list on their website.

Maryland has a \$500.00 annual budget from the Area service body for travel and workshops. They also have one elected representative from IG/CO's who has a voice and a vote in the Area.

They have two positions for the call. The chair collaborates with IG/CO's to prepare an agenda for that is emailed to participants. Early emailing allows participants time to research agenda items in order to promote informed discussion. They also have a co-chair who fills in for the chair if he/she is unable to conduct the call. The co-chair organizes cooperative workshops as well.

They do not have guidelines, and the call is not structured as a service entity.

The us/them feelings between IG/CO's, districts and Area 29 have largely been dispelled. Area participation in their call is huge. They have created a cohesive service unit with a solid support system throughout Maryland. The conference call brings people together for dialogue.

Participation is inclusive, every AA is invited. Their calls last anywhere from 45 minutes to an hour and 20 minutes.

Area 29 has cooperative workshops including the Area, districts

and IG/CO's. A few ideas were: Job Fair Workshop – Trusted servants from many different positions educate on what positions are available in AA service as well as what their positions entail. Area 29 was able to generate a list of about 20 people willing to jump on the service railroad. They also have different committees throughout the state host annual workshops. For example, one year the webmasters held a workshop, another year it was the PI's ECT.

Cynthia suggested that we reach out to regions that don't have an IG/CO and invite them to participate in the call. Hopefully we can eventually support them in creating an IG/CO themselves.

Area 29 has an email contact list including the participants of the call that is freely distributed throughout the state. They don't have to wait for the call to collaborate and share solutions.

Area 69 Discussion:

We will continue to hold the call on the last wed. of every month at 8pm. It will be an open sharing situation.

We will have 3 positions:

Chair – Conducts the meeting and prepares the agenda. Invites participants to contribute agenda items and email the agenda prior to the call.

Co-Chair – Conducts the meeting if the chair is unavailable. Chairs event committees.

Secretary – Takes minutes from the call and emails them to participants.

No one on the call opposed Wendy W. for the chair position, Patti L. for the Co-Chair position and Erin B. for the secretary position.

Advantage to doing minutes may create interest if they demonstrate activity. We will create guidelines; they may be helpful to establish responsibilities.

During the call we discussed upcoming events:

Wendy: SLC CO will host a service workshop October 13 and invited district 10 and 2.

Walter: District 3 will be holding a workshop October 13.

Patti: District 3 workshop, service has flyers out.

Erin: Cache Valley workshop October 6.

Kurt: District 3 flyer is on the Area calendar.

Keith: District 7 is holding elections October 13, district 8 is October 14.

Conference call may help in overlapping events.

We will invite the Area 69 Communications Chair to participate in the call and ask this person to create a comprehensive event list for the state of Utah.

We will create an email contact list including each willing AA and distribute it among participants and/or all of those invited to the call.

Keith's Comments:

IG/CO's can cooperate to fulfill the primary purpose through communication. Doing service in groups is much more fun! If we build something interesting, people will get involved. There was some concern about authority; this is not a concern to me. We have a duty to communicate, and we don't need authority to get together and talk. Communication takes care of the us and them mentality.

Ron L. (DCO): He would like to see a workshop panel that can provide education on the different service positions and also speak to why we do service. Ron brought up outreach, we decided there is a need for outreach throughout the state of Utah and will devote more time to this topic in later calls.

Cynthia offered help from Area 29 to Area 69 with outreach. There are a few people there who have had great success in outreach, "call anytime."

DCO currently holds one event a year, Winterfest. They try to align with the district and do an event bringing neighboring states together to address service work, panels, etc. and generate interest in service work.

Another participant asked how they can generate unity in their region. Also, how can they inform newcomers about proper service behavior? They have a problem with CO, it's a one man show. They have a flood of newcomers over last several years and many don't know how to navigate service. There is not a lot of unity; newcomers don't know what to do, so they avoid conflict. Asked Area to come in, but they were not welcome. What can individual do to educate?

Keith suggested we AA's ask them how we can help them and ask repeatedly. Also, rotation can solve such problems. Walter suggested that we educate newcomers with Conference Approved Literature how to fulfill the primary purpose in service. "When we know better, we do better." Sometimes we get caught up in our ego and forget what we are doing.

We will revisit this question in later calls.

Cynthia will scan the Intergroup Liaison position from Area 29. She thanked us for inviting her.

Keith would like 5 minutes at the beginning of the agenda, 7 is there is something going on.

The call ended at 9:10 pm
The next call will be October 31, 2012 at 8pm.

Treasurer – Bills are paid and we are W/Prudent Reserve.

PI- Waiting to fill pamphlet racks until 10/01 when a few meetings will change so the schedules in the racks will be up to date. She is working on outreach, reading IG purpose at meetings. Her efforts seem to be working; we had 2 new IGR's this month.

Literature- Hasn't sold much. Brought a box of old pamphlets for PI Corrections. Did not attend, did not send a report.

Event Chair- We had a 12th Step workshop on Oct 6th. It went well. I'll have a more comprehensive report next month.

Our Webmaster would like people to email event fliers to him at cachevalleyaa@gmail.com. Also, please get meeting schedules off our website, Google Cache Valley AA or the Area 69 website at www.utahaa.org.

Upcoming: Cache Valley will have a Halloween party Oct 27th at the Whittier Center.

Fall Workshop 11-3 Bountiful Elks Lodge.

Intergroup Ogden – Mike

Intergroup Meeting October 10th 2012

[Prior to our meeting Frank, (on the wrong-side of the Idaho-line), Twiggy, (searching the Astros' Dome), and Mary, (new D-11 Treasurer), all called or left messages, stating their inability to be in attendance.]

Our meeting was opened with a moment of silence at 6:30PM. Ken W. read our Fellowships' 12 Traditions and a basket was passed, in honor of our 7th Tradition of self-support. Mile L. read the CO Financial Statement, and Bob M. read the CO Report, as well as the last month's minutes.

Karin F. waxed eloquently through Frank's Report on District One and Area 69 activities, emphasizing, rather sternly, District One's Elections, and the staggering realization that next month's District One meeting will be before next month's Intergroup meeting,

or November 1st and November 14th respectively.

Mary L. has resigned from her Steering Committee position. Mary has been selected as the District Eleven Treasurer and all in attendance wished Mary well.

Karin F. gave a report on the newly formed Intergroup/Central Office Conference Call, and hopes to reveal more at next month's IGR meeting.

Equinox Jamboree was covered, and the Central Office "Open House" is slated for December 15th, Noon 'til 4PM. Frog-eye salad, Clam dip, and "Little Smokes" saturated in grape jelly, are a few of the Menu items proposed ... quite the Southern gastronomy!

The meeting was closed around 7PM with our beloved Serenity Prayer, and handholding.

Corrections- Gunnar – Corrections September

This past month I have been able to speak with all of the volunteers of Weber County as well as having a couple conversations with Brooke in Cache County. It was an unexpected surprise to finally meet Tom F. face to face for the first and second time. We've had a number of conversations on the phone but until two weeks ago, our paths had never knowingly crossed. I admire the service that he has given to the jail meetings for so many years.

When talking with fellow volunteers, I was getting a feel for what literature was most needed at this time in the jail. I decided to use a portion of the corrections budget along with \$100 I had in pink can money to order a case of Twelve and Twelve's, 10 daily reflections and a number of different corrections related pamphlets. Bob did some wheeling and dealing to get us a better price for the Daily reflections and

I was only able to leave central office with 3 at the time but the rest will be coming when the 12 & 12s come in. Brooke in Cache Valley requested 5 "Inmate to Inmate" books. Bob only had four in stock and I have them here to give to a faithful cache valley courier.

I would also like to thank Alan H. for spontaneously donating three 12 & 12s. He told me that Davis county jail has banned AA literature, so we need to count our blessings. Many generous people have been helping us stock the jail with a good deal of AA literature.

Grapevine - Paul – Not Present.

PI – Chris H. – Excused. No report.

Treatment – Scott –

Greeting everybody, my name is Scott and I am an alcoholic,

First of all I want to thank Frank for the announcement and reminder for their Cache valley intergroup 12th step workshop. I had wanted to not just go to Logan but to see how things were going and to visit with our dear friends there. I was so pleasantly welcomed and greeted by people in town and also our old friends at the workshop. A multitude of info. was presented and given on various topics ranging from 12 step calls, meetings in jail, sponsorship, bridge the gap, and 12th step resources on the utahaa.org web site. Not only reminders of things we and I need to be doing but valuable new info. always that pops up usually when I get comfortable with myself thinking I know so much about this whole life thing and AA. The bridge the gap portion was valuable in and for a couple of reasons to me. The need to keep announcing and reaching out to and making announcement at meetings. From not just me but our GSRs and others about this very valuable topic and tool. Temporary contact applications that can be filled out

at meetings to get the info. out to those trying to get some help. Not just people getting out of or while incarcerated in jail or prison and or in treatment. The people on the street or someone that might be trying or thinking about getting some help. To also try to build our phone list at central office with bob up. Enabling people that do call in have a name and # to call. With that being said there will be info. dropped off, contact info. meeting schedules at Weber Human Services, Salvation Army, Ogden Rescue Mission, St. Anne's and the hospitals to start. Thank you also, so much for the awesome for the food, friendship and fellowship, always a great combo.

Our first dinner and a meeting at Valley camps new building is scheduled for sat. the 20th. Come see us, come recharge your batteries with some great food, serenity and the fellowship that's always offered. It starts at 5pm with an open house to start and show case the event and also the evening. See you there.

Thanks as always for allowing me to be of service and in keeping me sober 1 day at a time. Thank you Ken for attending our meeting and taking all of our notes.

Scotty

We were successful in filling a couple of spots for service positions here in our District however more to be filled. Come up and at least check it out, see what you think. Great way to keep you sober, feel good about yourself while helping another alcoholic.

Treasurer – **Teddie** –

11-Oct-12 District 1 Treasurer Report
Good Evening Everyone:

As far as contributions go, it has been a very lean month for District 1.

To the left of the page you will see the income for the past month.

At the Sept. meeting, the 7th tradition basket collected \$21.00

Two groups sent in contributions for a total of \$42.00

The past month donations were \$63.00.

Over on the right side you can see the operating expenses for the past month were \$214.30

The checking account balance is \$ 2,139.63

We are \$139.63 above our prudent reserve.

Please convey to your groups District 1's gratitude for the support they provide.

If you have any questions regarding the district funds, please ask me at this time or feel free to call me. [801 920-7569](tel:8019207569).

Thank you for this opportunity to be of service to District 1.

With love & Service,

Teddie Hanson

The financial report was approved with a motion from Kyle and Gary 2nd.

A budget committee was set up to review next year's budget as follows:

Frank, Val, Kyle, Joni, Karen.

Elections were opened for 5 DCMs, 6 Alt. DCMs, C.P.C., & Literature Chair Positions.

PLEASE TAKE THIS BACK TO YOUR GROUPS.

Old Business

Area 69 Fall Assembly Report – Erin
Sept 21-23 Richfield, Ut

The proposed budget passed.

Defrayment changes did not pass and will remain as in Area 69 Guidelines.

BTG motion will likely not go anywhere.

The elections were lovely. I am not sure if it is me or Area 69, but I felt a much more loving God consciousness this Assembly than at any other service event.

The Elections went as follows:

Monte S. was elected as the candidate for U.S. Trustee @ large.

Walter T - Delegate, Doug R – Alt Delegate, Wade T. – Area 69 Chair, Renae H – Treasurer, Wendy W – Secretary, Sheryl T – Registrar, Matt D – Area Assembly Chair, Athlene M – Area Archives Chair, Charlie G – Communications, Rachael F – CPC, Pete G – Corrections, Mark B – Grapevine, Kurt U – Literature Chair, Theresa – PI, Andy B – Treatment.

Some notable quotes from the speakers-
“The only person more beautiful than you is the person you will become tomorrow.”

“Show up. Be present. Release the outcome.”

“It's not about facts and words. It's about openness in the heart that says I accept you the way you are.”

“Continue working this program as if the quality of your life depended on it.”

“There are people working their asses off for you.”

“Often just the willingness to see a problem clearly is the beginning of a resolution.”

“Somebody did it for me. Now I need to do it for someone else.”

“In our challenges we find our solutions.”

“We are not heroes, but we can try to be heroic.”

Thank you for the opportunity to serve.
Erin.

Charlie will give a report from forum next month.

New Business

District Elections conducted by Keith M. Keith said stand for a position, there is a great reward available.

Elections were conducted by Keith using a 2/3 show of hands to vote.

Valerie stood for DCM. She qualified herself. She voted in.

Wendell also stood for DCM and was voted in.

Chris H wants to stand for a DCM but has 3.5 years sobriety. Frank read his letter. A group conscience was taken and he was voted in.

Sue wanted to continue as Secretary.

Frank read her qualifications letter. No one else stood. She was voted in.

Frank stood for Treasurer. He qualified himself. He was voted in.

Kyle stood for Treatment Chair. He was voted in.

Thanks to everyone who stood today.

Frank said GSRs take to groups that we are in dire need of people to fill positions.

Scott asked how you can help from the groups. Keith said talk about how you got here. You will grow. Talk about successes.

Frank gave a great spill about Cache Valley. People who are serious will do it. Erin said service is quite a testimonial, just go to these meetings Rod talked of his 1st GSR position. It's quite the miracle. He said "I love service work now. I'm a service geek."

Open Discussion –GSR's

Erin brought up a problem. Keith suggested a solution. After some discussion the problem worked itself out.

A workshop was suggested for newcomers – "Introducing the Book".

Joni talked about jobs for AA newcomers such as coffee, garbage, greeting, and cleanup.

Teddy suggested sponsors should talk service. Sponsors should get newcomers going.

Rod last week went to a voting meeting. 8:30am-10:30pm in Washington. 480 people were voting. It was great. After I get there, I was thinking about football

games. Afterwards I always feel better for going. Maybe if AA members see & hear about what other Districts are doing, they would say to themselves I need to improve my life & do something.

Coming Soon

➔ **Next DCM Planning Meeting – B.C. Alano Club October 11 07:45 pm**

➔ **Next District Meeting - BC Alano Club November 8 06:30 pm**

➔ **Fall Workshop (District 11) November 3-4**

➔ **Area Committee Meeting (Pass the Gavel) (District #10) December 1**

Meeting was closed at 8:05 pm with the Responsibility Statement.

"I am responsible...When anyone, anywhere, reaches out for help; I want the hand of A.A. always to be there. And for that: I am responsible."

To contact a DCM, call **Frank B.** (435)232-2403, **Cliff** (435)760-3339, or **Sue C.** (801)782-5335 or (801)388-7393. **Treasure - Teddie H.** (801)920-7569.

Central Office aaogden@qwest.net

Cache Valley

<http://sites.google.com/site/cachevalleyaa/>

Utah AA www.utahaa.org

District 1 Funds

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