

District 11 Meeting Minutes
April 9, 2014 6:30 PM
Episcopal Church of the Resurrection
1131 South Main St, Centerville, UT 84014

Attending, in order by roll:

Devin C – GSR/District Secretary, Bryan K – GSR, Rich R – District Public Information Chair, Dave VB – GSR, Cal B – GSR, Ray B – Interested AA, Rod H – District Treatment Chair, Paul K – GSR, Jerome W – Interested AA, Ross H – GSR, Chuck P. – GSR, Mary L – District Treasurer, Lance H – Alternate DCM South, Ralph H – GSR, Kent B – District CPC Chair, Joe M – Alternate GSR, Scott D – DCM South, Giulia L – DCM North, Kristen D – DCMC, Kent B – GSR, Joe K - GSR

Participation:

Of the 31 registered groups in District 11, 9 groups (29%) were represented.

Opening:

Kristen D opened the meeting at 6:30 pm with a moment of silence, followed by the serenity prayer.

AA Preamble was read by Ralph H.

Twelve Traditions was read by Chuck P.

GSR Preamble was read by Paul K.

Upcoming Events:

May 16 – 18 Post Conference Assembly – St. George – District 7

June 14 – Bridging the Gap Workshop – Vernal – District 8

District Business:

Minutes (Devin C):

Devin C read the minutes from the last meeting. A motion to accept the minutes was made by Bryan K. The motion was seconded by Rich R. Motion passed unanimously.

Financial Report (Mary L):

Mary L presented the financial report and indicated that she provided Kristen with a copy of the bank statement for anyone who wants to see it. Current savings balance (prudent reserve) is \$1495.16. Current checking balance is \$1791.87. Pink Can balance is \$371.25. Our total balance for all accounts is \$3287.03. A motion to accept the financial report was offered by Scott D. The motion was seconded by Cal B. Motion passed unanimously. Mary's report is attached to full copies of the minutes on the area web site and via email.

PRAASA Reports:

PRAASA reports were presented by Kristen D, Devin C, Rich R, Dave VB and Lance H. All submitted reports are attached to the full copies of the minutes.

- Lance H has been grateful to attend PRAASA for the last four years and plans to attend his fifth in our own back yard. Lance is on the PRAASA host committee for 2015. Lance was concerned about anonymity issues with signs that announced AA roundtables at various areas around the resort hotel. It was well attended with a lot of locals from around California taking part. He enjoyed hearing from the Class A trustee.

Pre-Conference Reports:

- Lance H attended the Pre-Conference Assembly on behalf of Scott D, who was recovering from knee surgery. Lance was interested in seeing how the assembly worked. The area standing chairs gave their reports. Then we broke into roundtables to discuss the items the delegate wanted feedback on. Then came the reports from the roundtables. Walter, our Area Delegate, then asked for feedback on the items. Then the items were voted on. Walter reported back as to what he heard our conscience was on each item. Lance attended a PRAASA 2015 planning meeting Saturday night.
- Mary L noted with humor that Lance H behaved better at the assembly than Scott D, whom Lance was attending on behalf of. Mary said that no one brings egos or pre-conceived notions into the assembly. Mary said that is important for Area 11 members to attend these assemblies so that we can bid and vote to get them closer to home.
- Ross H said that it was a big learning experience for him. He got lots of information, but, also came away with lots of questions. He enjoyed attending.
- Rich R said that his procrastination kicked in and that he ended up going on Saturday morning, rather than Friday night. He was interested in everything that was happening. It was fun to be part of the vote and the roundtables. He enjoyed getting involved in the process. Rich attended a PRAASA 2015 planning meeting Saturday night. Rich was able to give Monte, one of our past delegates and PRAASA 2015 chairperson a ride back and spend some time with him.
- Kristen D was excited to see the right of decision in action. There was a lot of reference back to the service concepts and it prompted her to read ore about them. Wendy W, our Area Secretary spoke at the speaker meeting and she was very dynamic. Wendy has a passion for service. The

Full copies of these minutes are available at

<http://www.utahaa.org/districts/district11/district11.php>

To receive these minutes via email, send a request to district11secretary@utahaa.org.

speech really touched her heart. Doug R also spoke. Kristen took away from him that what she wanted from others; she had to be to them.

GSR Reports

- South Davis Group – Bryan K said they have lots of newcomers. They usually get about 14 to 15 people attending regularly. Their end of the month meeting is a combine AA and Al-Anon meeting.
- 702 Group – Ray B said they are losing Rod H as GSR. They have someone in mind they will approach to be the new GSR. The group has attendance of 25 to 30 people regularly. They get lots of people from treatment centers. The group is there to help them and they are helping us.
- Rod H indicated that he is leaving the GSR position to continue to take meetings into a treatment center, but, will continue as District Treatment Standing Chair.
- Not A Glum Lot Group – Cal B said their Tuesday and Thursday meetings are both book study meetings. They get anywhere from 15 to 25 people. There is not a lot of interest in service outside of meetings. They have lots of newcomers, pretty new people and people who relapse, but they keep coming back.
- Higher Ground Group – Paul K said they get about 25 people at noon on Mondays, Wednesdays and Fridays at the Mountain Road Church in Fruit Heights.
- Our Primary Purpose Group – Dave VB said they meet Mondays at 7:00 PM. They are pretty stable at about 20 people. They do see a couple of new faces.
- It's In The Book Group – Ross H said they meet Thursday's at 7:00, but, will meet at 8:00 until after Easter due to church activities. Attendance is about 10 to 20. They are in need of home group members. They have begun to give out of town visitor medallions, which are well received. Ross is thankful for any advice and information in his new GSR job. Ross submitted a written report which is attached to full copies of the minutes on the area web site and via email.
- In The Solution Group – Chuck P is the new GSR for this group. He is thankful for the opportunity to serve.
- 12 O'clock High Group – Brent P said they meet every day at the Backstreet Club. They have very well attended meetings.

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Standing Chair Reports

CPC – Kent B

- Report is attached to full copies of the minutes.

Public Information – Rich R

- Report is attached to full copies of the minutes.

Treatment – Rod H

- Rod tried to start meetings back at the treatment center we had temporarily suspended meetings at. They would like to hear from Kristen first.
- Rod contacted another treatment with his contact information as the new District Treatment Chair. He has not heard back from them yet.

Bridging the Gap – Chris S

Chris could not make it, but sent this in;

- I have had pneumonia and some other sickness that has kept me down for 3 weeks.
- I have not had the time or energy to run north to the BTG PO box in two weeks. I did check 2 weeks ago and nothing was there.

Closing:

We closed the meeting with the responsibility statement.

Meeting adjourned at 7:35.

Next Meeting:

May 14, 2014

Episcopal Church of the Resurrection

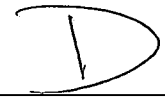
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District 11 Treasurer Report April 2014



Hi folks. I am an alcoholic named Mary.

First I want to thank Kristen for putting the principles into action for us last month and say I had a part by not checking the guidelines. I do apologize and ask your forgiveness.

If you are interested, the area financials for your review are available. Additionally the area treasurer is making available treasurer packets loaded with excellent information. We will be picking up these packets when we go to St. George in May.

Though I say "if you are interested" I'd like to suggest that you **BE** interested. Even as trusted servants; mistakes are made so please take the time to ensure your groups contributions are recorded as it is stated in the minutes of your group's minutes. The DCMC, DCM or I can answer questions regarding this after the meeting.

2 Boxes of checks were ordered by mail. At the bank locally one box would have cost \$19.80. Purchasing by mail we were able to double the order at less cost. [\$12.73]

On March 31st a deposit was made of \$476.00.

Balances are:

Savings account [Prudent reserve] \$1,495.16

Checking account \$1,791.87

[Of that total \$ 371.25 is the Pink Can fund]

Total \$3,287.03.

When you submit checks or money orders is greatly appreciate when you place your group number on them so that your group is properly credited.

The bank statement is available for your review after the meeting by either Kristen or myself.

All payments received are deposited on the last day of the month. Payments received on the first even tho they are written and dated for the previous month..if they are received on the first it will not be credited until the following month.

Thank You for allowing me to be your trusted servant.

District 11 Treasurer

Mary L.



District 11

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YTD
SOS	670306		50.00											50.00
Davis	113265	20.00												20.00
702 Group	667257	50.00	25.00	25.00										100.00
SIS Group	671310													
Tue Men's Stag	659555			INACTIVE										
Sun Serenity	136552			200.00										200.00
Wed Serenity	161264			INACTIVE										
Primary Purpose	657004													
It's In The Book	673195	10.00												10.00
12 O'clock Hi	651400	160.00												160.00
Btf Men's	162301													
Living Again	697908													
Hi'er Ground [Fr Heights]	691833	30.00	30.00	30.00										90.00
The Happy Group	149167													
Not a Glum Lot	640259													
Women's Circle of Hope	705480													
DBA Flying High	141297			50.00										50.00
BTF Com Group	113256			20.00										20.00
Hi Road to Freedom	709986			4.00										4.00
11th Wed Step BSC	711052													
District Basket		20.00	19.00	22.00										61.00
													Total	765.00
Pink Can Contributions														
Beginnning Balance	495.41													
Expenses		28.53	93.23	68.00										
Bountiful Men's Gr	162301													
SOS	670306													
Sun Serenity Happy Hr	136552			58.10										
It's in the Book	673195			7.50										
													BAL	371.25

CPC – DISTRICT 11

~~March~~ Report 2014

APRIL

Previous Action Items: None to report

New Action Items:

3/19/14: Met With Dr. Sam Wilson spoke briefly about AA and the options available to him thru our literature representative. I Left several Grapevines in the office for his patients.

3/14/14: I met with Steve Love of Community Nursing Services and briefly spoke about the fellowship. Steve has multiple opportunities for me to meet with his staff and counselors. He was extremely receptive to speaking with me and was very open about the fellowship. I left him meeting schedules and the following brochures.

- **AA as a Resource for the Heath Care Professional**
- **If you a professional**
- **Frequently Asked Question about AA**
- **A Brief Guide to Alcoholics Anonymous**

I have another meeting with him this coming month. No further actions to report.

My name is Rich and I am an alcoholic. Since my last report I have picked up multiple projects, the first one was on Hill Air Force Base where I thought proposing carrying the message on base would be an easy kill...and it was, however the treatment program manager had other ideas for me as well, I was named the Hill Air Force Base Action Officer for Substance Abuse. I was able to be able sell the idea spreading literature and scheduling speakers as well. So that was a success.

I next signed on to work at the UofU School on Alcoholism to carry the message to those still suffering and to the professional and medical communities. In doing this it was necessary to get volunteers to man the AA booth for Thursday, 19 Jun which has nearly been accomplished since presenting to our district beginning on Sunday.

I have also proposed to our DCMC to establish a Young People's meeting in District 11 and was given the go ahead. I am working with Chelsea, the Davis Group Treasurer, to establish this meeting and group.

I am currently studying concepts in putting together a PI workshop with the hopes of 'if you build it, they will come.' The workshop will initially be to establish the district's committee then build from there doing the work of PI.

PRAASA

San Diego 2014

I had the greatest pleasure experiencing my 1st PRAASA with my sponsor, who was also experiencing his first PRAASA, It was like a light switch turned on once we got off the plane in the San Diego as we saw three to four people holding PRAASA signs. They guided us to the shuttle and off we went to the hotel. It was about 9:30 Friday morning; we got our room, dumped our luggage, and headed for the registration table. The town and country hotel was huge to say the least; we needed directions to get to the main area of the PRAASA event. By 9:50 we were wearing cool yellow lanyards with badges sporting our names and service positions. By now we had met up with a few of our area and district friends. Orientation started at 10:00, the room was huge, thousands of chairs, going thru the packet issued at the registration I realized this weekend was going to be much bigger than I first imagined. After orientation a small break and the schedule was on. As the day progressed the crowd grew at a rate of like a few hundred an hour. We later found out that 1,830 fellow alcoholics registered for the weekend. My sister who lives in San Diego picked us up for dinner, we met some friends of hers at a restaurant and ate, the time flew, it went by quick but it was a good visit, back at PRAASA listening to speakers as the crowd continued to grow. Friday night I attended the GSR round table. The roundtable filled up a garden ballroom, there were at least 7 groups of tables with 20 people at each group, it was huge but very organized, and a lot of fun to participate in. Friday ended late, it was a long day and very hard to believe it was only the beginning.

Saturday began early, after breakfast we headed to the great event, the day was full of panels and speakers, i found it all so interesting, the signing going on for the deaf, the translators translating for the Spanish speaking through a radio transmitter. One highlight was to see one of our very own district 11 DCMC speak, she was nervous as hell but did an excellent job, as I met a few of the other speakers I found they were all nervous as hell, so I guess that is just part of the whole speaker experience. Another enjoyable dinner with my sister, many more excellent speakers, and I am at the CPC roundtable, it was standing room only, still very organized, and fun to participate in. Saturday ended yet late again, this was a long full day of drinking water from a fire hose, as it was explained at the very beginning. I am now feeling my age and looking forward to this roller coaster ride to slow down a little and come to an end tomorrow.

Sunday was a great ending to one hell of a weekend, we finished off the event just in time to meet my Sister for a ride to the airport, words will never come close to explaining the feeling of attending a PRAASA event. Just a few of the many highlights of my PRAASA experience would be, seeing our very own DCMC speak, The passion people have at the open mic, being involved in the enormous roundtables, seeing Rod our trustee dawn a pair of high heels, the time spent with my sister , being a part of a connected group of 1,830 people saying the serenity prayer, and the time spent throughout all of this shared with my sponsor, home group members, district members, and area members.

Dave VB. GSR Our Primary Purpose 7:00pm – 8:00pm Layton Hills Baptist church 1132 N Hill Field Rd.

My name is Rich and I am an alcoholic, This year I attended my first ever PRAASA in San Diego, it was quite the service oriented experience for me. I arrived in San Diego on Thursday, the night before everything really kicked off and after checking in to my I decided to get something to eat as I had been on the road ALL day. While waiting for my food at the onsite cafe, like an act of God I ended up meeting some people from my home town area in California and having dinner with them. This gave me a weekend long networking capability, which is fundamental in service and showed to be beneficial.

Friday morning I was able to meet Kristen and Matt at check in then have a second breakfast with them. It was exciting to be sitting with them as they have so much service experience to share.

As the day progressed I met up with many others from Area 69 and I attended the Young People's roundtable Friday night after coordinating with Treesa to get the PI notes from her. This roundtable reignited and re-inspired me to start a young people's group/meeting as we do not have one in District 11. I learned a lot in that roundtable and was even able to network with Young People meeting holders in District 10, Area 7 CA Northern Interior, and Area 18.

Saturday was exciting to hear the past delegate panel, attend the CPC roundtable in the afternoon, go to the speaker meeting and listen to two past trustees, one A and one B. Following the ice cream social I attended the late night discussion on Tradition Two. At this discussion I was able to meet with the PI/CPC chair the Bay Area who has provided me a lot of insight and ideas to apply to the PI program.

Overall I am extremely pleased and grateful for the experiences, learnings, and the people I met at PRAASA as all have given me so much for to take away, learn, and apply to my service in AA. I was also asked to transport PRAASA equipment home and join the PRAASA 2015 registration committee.

Thank you all for allowing me to serve as your District 11, Area 69 PI standing chair, it is a true honor.

Hello Friends,

I had the opportunity to attend PRAASA 2014 in San Diego. This was two firsts for me. It was my first PRAASA and my first time in San Diego. What a wonderful weekend on both accounts. Our hosts made us feel welcome right off the bat by having people at the airport to direct us to the shuttles which took us to the venue. What followed after was a whirlwind weekend of speakers, roundtables and fellowship that I had, up to this point, not experienced.

There was so much information about AA general service coming at us from every direction; it was difficult to try to absorb it all. Some of the highlights for me were talks by our Pacific Regional Trustee and the Class A trustee that were brought in to speak. I was very proud of our own DCMC, Kristen for representing our district with poise and dignity as she spoke in front of a very large audience. The diversity of people and experience was energizing. It seemed that everyone there had a real passion for service and helping to pass the message to the alcoholic who suffers. As I attended roundtables and listened to people share their service experience in AA, I became more aware of the number of ways we actually carry the message and how the different parts of the AA service structure work together to do that. I was able to bring back ways that I could better help with this goal.

For anyone who has not had an opportunity to attend a regional AA event like this, please, please do not pass up the opportunity we have of attending the next PRAASA in our own back yard of Layton, Utah next year. If your experience is anything like mine, it's something you won't want to miss.

Yours in Service,
Devin C

PRAASA 2014 San Diego Report Back

Hello Family,

I wanted to thank everyone for allowing me the chance to go to this PRAASA. The experience was humbling and overwhelming at the same time. I would like to start with explaining the moment I found out that they were asking me to present on a panel. I told them (EXTREMELY) scared "that I would be honored" He then gave me my topic.

"Communicating our three legacies" I thought ok... I have spoke on that before I can handle this... Hung up the phone thinking how nerve racking this will be... Then I went on about my night. About 2 weeks later I received a call confirming that I was still able to do it... When reconfirming the topic He said that my topic would be "Is general service become a separate fellowship?" This is when I really became stressed. I confirmed that I would be there and give the presentation. I had to talk with my friends, family and my service sponsors for direction.

We left a day early to be with family which happened to turn out perfect Matt and I got to share our experience, strength and hope with my family. Bondage of this disease runs deep in my family. We woke up early Friday and headed into San Diego. When we arrived at the hotel it was an amazingly beautiful. After checking into our rooms we walked over to the conference center and picked up our badges. We took a look at the Ballroom and saw the sea of chairs. The registration numbers for this year's PRAASA 1830 people. I really had to swallow hard. I would be presenting after dinner. We ran into new and old friends. I am always amazed no matter where I go I run into people I

know in this fellowship. The support from Area 69 was amazing. After dinner I went and sat down and waited to be called to the stage. I remember getting up there and being able to see my husband and some really close friends. I cannot tell how that comforted me. After the presentation was down I was relieved but yet full of gratitude. The experience has shown me how much I need everyone. Was again service to others has recharged my soul. After the presentation we broke into round tables. I attended the DCM and DCMC meeting. There were a lot of questions about helping improve a district. Ideas were passed around. I was stilling trying to overcome all of the emotions that I had from presenting. So I really just sat back and took it all in. We ended up back in our room around 10:30 or so. Saturday was filled with more panel presentations. There were panels on "AA takes its inventory, Sharing ABOUT Unity, Recovery and then we got to hear from our beloved Rod B. I hope that somewhere during our journey if you have the chance to meet this man you will take the time. He shares such a passion for AA and all who are in it. He will forever change my view. There were many wonderful people who took the time to share themselves with us. I came away with a renewed passion for serving others. Thank you for allowing me to represent our district in San Diego.

In service

Kristen D.

DCMC

Pre-conference Assembly

March 29 Park City

I had the opportunity to take my groups conscience to the Pre-Conference Assembly on the weekend of March 29th in Park City. It was the first Pre-Conference that I have attended as the GSR of my home group and thought it was a great experience. I attended the CPC round table and enjoyed it a lot, I am getting to know my fellow district and area service representatives and no longer feel like a stranger at these events. I voted our group conscience on the 9 agenda items that our area delegate Walter asked for and it went well. For the most part the other groups voted along the same lines as we did. I had a great time and look forward to doing it again.

Dave VB. GSR

Our Primary Purpose

Monday nights 7:00pm-8:00pm

Layton Hills Baptist Church

1332 N Hill Field RD. Layton

GSR Report

It's in the Book

7:00 pm Thursday

(The meeting has moved to 8:00 pm until after Easter due to activities at the church for Lent.

We wish to thank DCM and all who helped with advice and guidance to move our group forward.

Attendance is about 15 to 20, hoping this will improve when we return to our 7:00 pm meeting time.

There are several service positions open, and we always welcome new home group members.

Our out of town/visitor medallions are well received.

I'm new to being a GSR, and I've received needed information and advice and I am very open to any help offered.

I'm Ross H. I AM AN ALCOHOLIC